

Orthopedic Protocols for Home Health Agencies – updated 12/07/16

Dr. Aaron Schrayer

Orthopedic Associates – Total Joints

Dr. Schrayer : Ofc# 972-420-1776

Amanda PA

- PT only to eval and treat : 3x/week for 2 weeks
- WB Status on THA and TKA : WBAT unless otherwise specified
- DVT Prophylaxis : ASA 81 mg BID starting POD 1 for 3-4 weeks
- TED hose to be worn on BLE until 1st post op visit. Will be determined at that time if should wear longer.
 - Thigh high hose for knees
 - Knee high hose for hips
- **No wound care needed.** No dressing changes by HH agency. Patient will be sent home with Aquacel Surgical dressing in place. Patient will have information and directions for care of dressing.
- Silver dressing will remain in place and will be removed in 10-14 days by staff at Dr. Schrayer's office during follow up. *(Nursing Education hand out with information to call Dr. Schrayer's office in case of excessive drainage. Patient MUST notify Surgeon if there is excessive drainage.)*
- Incision with suture/staple closing (under dressing) MUST be covered for showering. *Pt educated on use of gallon size Ziploc baggie and medipore tape.*
- If Staples present, removal will be on follow up visit at surgeon office.
- **SN not ordered or necessary for initial assessment or follow up.**
 - If PT notes possible SN need, please contact surgeon's office for order.
- For constipation issues: Patient has been instructed in pre-op class, by surgeon and nursing education on discharge to start Colace day of DC and add Miralax, Dulcolax or Milk of Mag OTC if problems continue.
- *Please encourage patient to contact Joint Coordinator @ 469-322-7111 (regular business hours) or surgeon's office (regular business hours and 24 hour on-call service) if they have additional questions or concerns not related to Physical Therapy needs in the post-op period.*